



SIGNS OF ABUSE

YOUR PARTNER...



**Humiliates
and yells
at you.**



**Sees you as
property rather
than a person.
Belittles and
controls you.**



**Criticizes you
and puts you
down.
Blames you for
their abusive
behaviour.**



**Treats you so
badly you're
embarrassed
for friends and
family to see**

**Hits you /
Hurts you**



OUR SERVICES

- The Shelter: A safer place to go
- 24/7 Crisis Support Line
- Second Stage Residential Program
- Counselling
- Safety Planning
- Family Court Support
- Anti-Human Trafficking Program



THE
WOMEN'S CENTRE
GREY BRUCE

Crisis Help Line: 1-519-371-1600
Toll Free: 1-800-265-3722
Text: 226-974-0755